



TERM 1 WEEK 9

24 MARCH 2025

# FORTNIGHTLY NEWSLETTER

**GULGONG PUBLIC SCHOOL**



## WELLBEING WEEK AT GPS – A WONDERFUL SUCCESS!

Last week, Gulgong Public School came together to celebrate Wellbeing Week, and what an incredible week it was! Students and staff embraced each day's theme with enthusiasm, making it a truly special experience for all.

The week began with Mindfulness & Relaxation Day, setting a calm and positive tone. Physical Health & Fitness Day on Tuesday was full of energy and movement, while Emotional Wellbeing & Empathy Day on Wednesday encouraged kindness and connection, with students proudly wearing their footy colours and staff enjoying a shared lunch. On Thursday, we focused on Gratitude & Positivity, with buddy classes coming together for reading sessions. The week wrapped up on Friday with a fantastic Mufti Day, an SRC cake stall, and our Orange Harmony Day, where students embraced the message of inclusivity by dressing in orange.



It was a wonderful week that highlighted the importance of wellbeing in our school community. A big thank you to everyone who participated and made it such a memorable experience!



## PRINCIPAL'S REPORT

### Enhancing Student Writing: A Visit from Lyn Coote

This week, we are excited to welcome Lyn Coote from the CTED to our school. Lyn will be collaborating with our staff to further enhance the quality of student writing. This visit builds on the fantastic work our educators accomplished last year and early this term through our writing sprints, which have already shown promising results.



While we have primarily focused on narrative writing, Lyn's expertise will guide us as we transition to informative writing in the coming weeks. Our goal is to see significant improvements in student writing, particularly in NAPLAN and other school assessments. We are confident that Lyn's insights and strategies will empower our teachers and inspire our students to excel in their writing abilities. Stay tuned for updates on our progress as we embark on this exciting journey.

### PSSA Cricket

On Monday the 17th of March, our school PSSA cricket team played against Mudgee PS and Cudgegong Valley PS. Whilst the boys and Tara were outplayed in both games, they had a great day. For most of our students, it was the first game of cricket they had played. Jaxson got 12 not out in our first game, and Harvey, Rylan and Robbie took wickets. The sportsmanship on display was outstanding throughout the day. We are proud of their efforts!



### Rugby League Success

Congratulations to the following students who have been picked in the Cudgegong Zone Rugby League team to participate in the Western trials at Parkes late this term.

**Opens:** Campbell Brown, James Martin and Brock Watts

**Under 11's:** Jackson Parish, Rylan Mitchell, Ashton Mitchell and Cooper Faulkner

## 4 R'S - RESPECTFUL, REASONING, RESPONSIBLE AND RESILIENT

Each week at Gulgong Public School students learn about being Resilient, Responsible, Respectful and Reasoning learners in the classroom and playground. The 4 R focus for this week is "Being reasoning and thinking of other ways to solve problems". This means that the students think about and explain their choices, strategies and understandings. When they reason, it helps them make smart choices, solve problems, understand the world around them and shows other people what they know.

## ATTENDANCE

Families will receive a text message from the school if their child is away, can you please reply to this message ASAP. Alternatively, you can add an attendance note on the Parent Portal on Sentral.





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## CLASS ATTENDANCE AWARD

Congratulations to 5B for having the highest attendance at GPS in Week 8 with 97.2% attendance. As a reward they picked this week's school bell song.



## TINY STEPS

Tiny Steps is on every Friday in our school library from 10-11am. All families with children who have not started school are welcome to attend.



## RUGBY LEAGUE GALA DAY

This Wednesday over 60 students are heading to Dunedoo to participate in the Rugby League Gala Day. Students will play in competitive and non competitive divisions. Good luck to all our students attending. A reminder that students need to be at school by 8.30am as the bus will be departing at 8.45am. Students will be back at school for normal school pick up. All students attending this day must wear full school uniform, have a school hat and have a mouth guard to participate.



## STAGE 2 DAINTREE DIORAMA GALLERY WALK

Join us in Week 10 on Wednesday, 2nd April, for the Stage 2 Daintree Diorama Gallery Walk! The event will be held in Stage 2 classrooms from 3 PM. All families are welcome to attend and explore the amazing creations our students have put together. We can't wait to see you there. Please be aware of the Bus Zone whilst parking.



## WEEK 11 SCHOOL ASSEMBLY

Families are invited to join us for our Week 11 Assembly to cheer on our amazing students as they receive Book Awards, Class Championship Awards, and especially the Attendance Awards for Term 1. A huge thank you to Silver Fox Cafe for donating a \$100 voucher and Stacks Down Under for a \$25 voucher. Any student with 90%+ attendance in Term 1 will go into the draw to win one of these prizes. We can't wait to celebrate with you.





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## BIKE BUS

We're excited to announce the launch of the GPS Bike Bus, which will start on Wednesday, 9th April 2025 (Week 11). This fun initiative allows students to cycle to and from school along a set route, accompanied by supervising teachers and parents once a term. The Bike Bus will pick up and drop off students at designated stops throughout Gulgong. It's a great way to promote physical activity, boost mental health, develop social skills, teach safe cycling, and encourage sustainable habits—all while having fun! More details about the route in page 6.

**BIKE BUS**

RIDE, SMILE, ARRIVE!

**SAVE THE DATE**

WEDNESDAY, 9TH APRIL 2025

## 2026 KINDERGARTEN

Exciting things are happening at Gulgong Public School, and we invite all 2026 Kindergarten families to be part of the journey! Join us for the Kindergarten Learning Parent Walk on Thursday, 8th May 2025, where you can tour the school, explore interactive learning activities, and see firsthand the incredible experiences from Kindergarten to Year 6. Later in the year, our Kindergarten 2026 Information Evening on Wednesday, 30th July 2025, will provide families with everything they need to know about our transition programs, school initiatives, and what to expect in Kindergarten. We look forward to welcoming our future GPS learners and sharing the wonderful opportunities that await them at our school!

**2026 KINDERGARTEN PARENT LEARNING WALKS**

We look forward to showcasing the fantastic initiatives and opportunities Gulgong Public School provide for your children.

**Term 2 Week 2, Thursday 8 May 2025**

**3:30pm - 4:30pm**

**School Library**

**ENROLL NOW**

## PAYMENTS:

- Stage 3 Canberra Excursion - 2nd Instalment - \$150 - Overdue
- Netball - \$15 - Due by 28th March
- Rugby Union - \$15 - Due by 31st March
- Year 4 Tea Gardens Excursion - 1st Instalment - \$60 - Due by Monday 7th April

## UPCOMING EVENTS

- Week 9 Wednesday 26th March - Rugby League Gala Day
- Week 10 Wednesday 2nd April - School Photos
- Week 11 Wednesday 9th April - Bike Bus



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**WEEK 10**

**Wednesday 2nd of April 2025**

**School Photo Day**



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# BIKE BUS



RIDE, SMILE, ARRIVE!

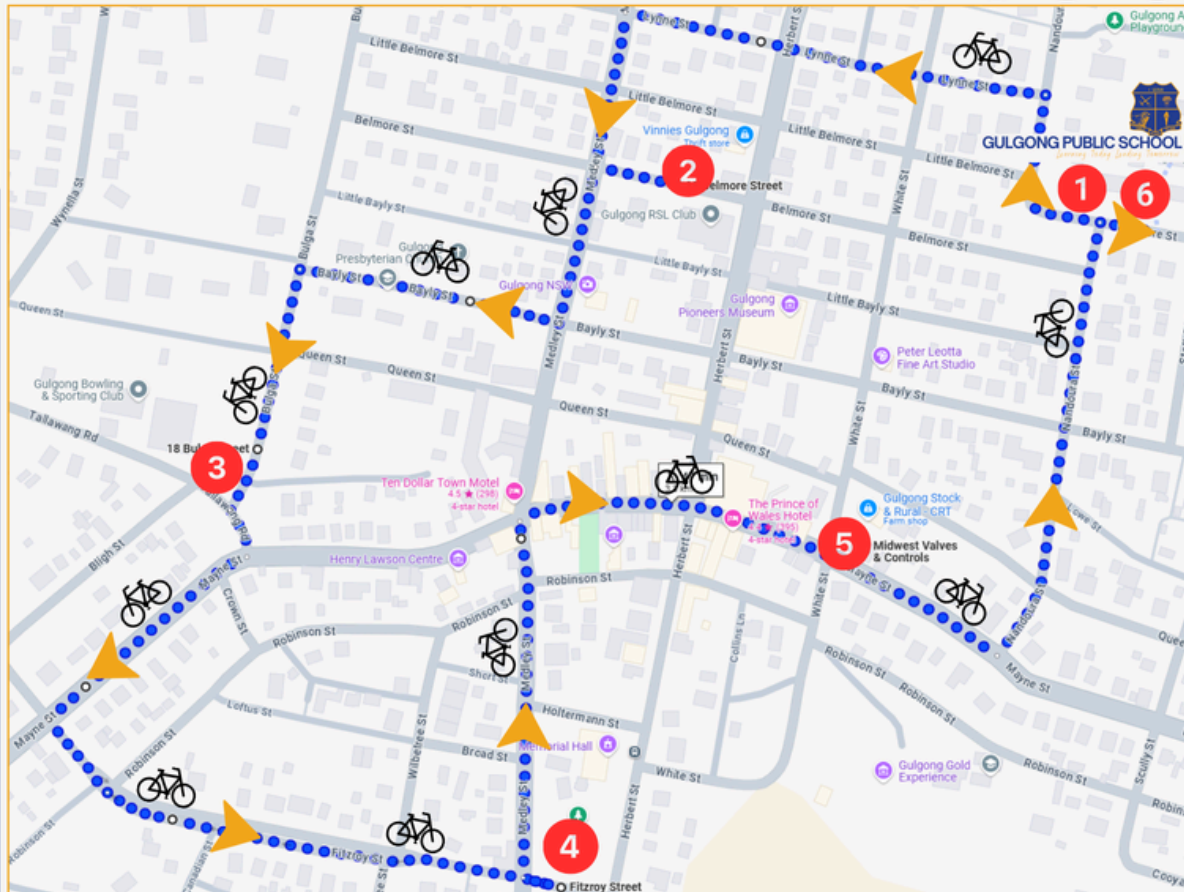
## SAVE THE DATE

WEDNESDAY, 9TH APRIL 2025

# BIKE BUS



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STOP	PICK UP AND DROP OFF POINT	Pick Up Time (AM)	Drop Off Time (PM)
1	GPS	8:30	3:40
2	RSL Car Park	8:35	3:45
3	Gulgong Bowling Club Car Park	8:40	3:50
4	ANZAC Park	8:50	4:00
5	Midwest Vales & Controls	8:55	4:05
6	GPS	Arrive at school	4:30 Arrive back at school



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## GPS TRANSITION TO KINDERGARTEN 2026

### Term 2



A Learning Walk for families of Kindergarten 2026.

### Term 3



Little Steps to Big School Orientation begins and a Parent Information evening will be held.

### Term 3



Year 6 Buddies to visit the Preschool and Happy Days.

### Term 4



Morning on the Green performance and Little Steps full day sessions held.



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## GULGONG PUBLIC SCHOOL

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### SCHOOL CANTENEN MENU

#### SANDWICHES AND ROLLS

Meat and salad	\$7.00
Meat and salad roll	\$7.50
Salad sandwich	\$6.50
Salad roll	\$7.00
Ham	\$4.00
Chicken	\$5.00
Ham, cheese and tomato	\$5.50
Chicken, lettuce and mayo	\$6.00
Meat and pickles	\$4.00
Tomato	\$2.00
Cheese and tomato	\$2.50
Egg, lettuce and mayo	\$5.00
Egg	\$4.00
Cheese	\$2.00
Bread rolls	\$1.50
Spaghetti	\$3.00
Baked beans	\$3.00
Vegemite	\$2.50
Cheese and vegemite	\$3.00
Toasted	+\$0.50

#### SALADS

Salad bowl	\$9.00
Meat and salad bowl	\$10.00

#### WRAPS

Salad	\$8.00
Chicken and salad	\$9.00
Ham and salad	\$9.00
Tender wrap	\$10.00

#### WRAPS

Sauce	\$0.50
Fork/spoon	\$0.20
Lunch bag	\$0.20

#### HOT FOOD

Hot dog	\$4.50
Hamburger with salad	\$7.00
Cheeseburger	\$6.00
Flame grilled chicken burger	\$7.00
Sausage roll	\$4.50
Pie	\$5.00
Beef/Chicken noodles	\$3.00
Hot cheese roll	\$2.50
Mac and cheese	\$5.00
Lasagna	\$5.00
Tempura nuggets tray	\$5.00

#### DESSERT

Frozen juice cups	\$1.50
Mony (Blue/raspberry)	\$1.50
Quelch sticks	\$1.00

#### DRINKS

Water	\$3.00
Large milk 500ml (High School)	\$4.50
Small milk 300ml	\$3.50
99% juice popper	\$2.50
Glee	\$3.00

#### SNACKS

Sugar free jelly	\$1.00
Rice cracker and cheese	\$2.50
Custard	\$2.00
Sultanas	\$1.00
Airpopped popcorn	\$2.00
Grain waves	\$2.00
Cheese sticks	\$1.00
Fruit salad cup	\$2.00
Yoghurt	\$3.00





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## COMMUNITY EVENTS

We're coming to your community



**We're bringing NSW Government services to:  
Gulgong Wednesday, 30 April 2025**

**10AM - 3PM**

Visit our Mobile Service Centre to access services like:

- Driver Knowledge Tests
- driver licence, mobility parking and photo card applications
- Working with Children Checks
- NDIS Worker Checks
- birth, death and marriage certificates
- cost of living support and more.

Call **13 77 88** or visit [service.nsw.gov.au](http://service.nsw.gov.au) to check our latest timetable.

Severe weather may mean our timetable has to change at short notice, we strongly recommend you check on the day.



**Find us at:**

Gulgong Memorial Hall  
112 Herbert Street



PTW44 830704



## COMMUNITY EVENTS

# MUDGEES GULGONG WOLVES FC 2025 LOCAL REGISTRATION OPTIONS



### MINI ROOS

(Players turning 3 and 4)

- Mini Roos is for players turning 3 and 4 years old in 2025.
- A fun, relaxed and informal program.
- Focus on fun and basic skill development.
- **ALL GAMES IN MUDGEES.**
- Saturday mornings.

**COST:**  
\$100 per player

### JUNIORS

(U5 to U15)

- Junior soccer is for players 5 to 15 years old in 2025.
- 15 games during season.
- Non-competitive up to U11.
- Competitive from U12+.
- Volunteer coaches/managers.
- **ALL GAMES IN MUDGEES.**
- Saturday mornings.

**COST:**  
\$155 per player

### M-LEAGUE

(U16+)

- For players aged 16+.
- Open - male and female.
- 9 v 9 format, competitive.
- 15 week comp including semi finals and grand final.
- All ability levels welcome.
- **ALL GAMES IN MUDGEES.**
- Saturday afternoons.

**COST:**  
\$190 (16-18) / \$230 (18+)  
(includes shorts and socks)

### REGISTRATIONS:

[mgwfc.com.au/play](http://mgwfc.com.au/play)

or scan the QR code



### IMPORTANT DATES:

Registrations close: Friday, 11 April

Introduction day: Saturday, 10 May

Season start: Saturday, 17 May



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## COMMUNITY EVENTS



**Barnardos  
Australia**

### **Gulgong Supported Playgroup**

Tuesday Morning's

10am to 12pm

**fortnightly**

**Tuesdays**

**Presbyterian Church Hall**

**BAYLY Street**

Come and enjoy a morning with your children!

**A great way for your children 0-5yrs to socialise  
and make new friends.**

Lots of play, craft story time, and morning tea are  
provided for all children.

Tea & coffee for the adults.



**Cost FREE**

**ALL WELCOME** Facilitator: Caroline + Mel

Contact Phone: 0477858599 or office 5319 8100



## COMMUNITY EVENTS



**Barnardos**  
**Australia**

### **Kandos Supported Playgroup**

**Thursdays**  
**10am to 12pm**

**Kandos Catholic Church Hall**

**Corner Fleming and Dabee Road**

Come and enjoy a morning with your children!

**A great way for your children and yourself to socialise and make  
new friends**

Morning Tea is provided for all children

Tea & coffee for the adults



**Cost - FREE**

**ALL WELCOME!**

Facilitator: Caroline + Mel

Mobile 0477858599

**Contact Phone: 02 5319 8100**



# GULGONG PUBLIC SCHOOL

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## COMMUNITY EVENTS



# TRADITIONAL NON-CONTACT KARATE

*For Kids*



*AGE*

**5 YEARS & OVER**

*DAY*

**WEDNESDAYS & FRIDAYS**

*TIME*

**06:00 PM TO 7:00 PM**

*VENUE*

**GULGONG PUBLIC SCHOOL  
SMALL HALL**

**\$ 3.50 per class**

*COACH*

**HARVEY**

**0427 435 930**

 **Dento Ryu Karate-Do**